DOCUMENT RESUME

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IDENTIFIERS	Wisconsin (Milwaukee)

ABSTRACT

Presented are duplications of the responses given by Avocational Counseling for the Elderly (Milwaukee, Wisconsin) as part of a project to collect, share, and compile information about, and techniques in the operation of 18 community action models for recreation services to the disabled. Model programs are categorized as consumer, client competency, recreation and leisure services, parks and recreation, rehabilitation, and voluntary health agency models. Reported are program services in the following areas: the population served (men and women 55 years and older); primary activities (retirement leisure planning, leisure counseling, avocational information, and referral); primary facilities used (public and private facilities throughout the area); staffing (a project director, an avocational counselor, a research assistant, a follow-up interviewer, and five college students); total budget ($74,201) and primary sources of support (federal funds from the Administration of Aging); and values and goals achieved through the program (to demonstrate the impact of avocational counseling with the elderly). A copy of the completed survey form is also provided. (SBH)

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MODEL: Avocational Counseling for the Elderly

1667 South 24th Street

Milwaukee, Wisconsin 53204

414-475-8645

Robert P. Overs, Ph.D.

COMMUNITY POPULATION SIZE: 500,000 - 1,000,000

New Models for Community Based Recreation for Handicapped Children and Youth		
The Project	The Sponsor	The Implementor
National Institute on New Models for Community Based Recreation Programs and Services for Handicapped Children and Youth	Bureau of Education for the Handicapped, Office of Education, U. S. Department of Health, Education and Welfare	John A. Nesbitt, Project Director, Recreation Education Program, The University of Iowa, Iowa City, Iowa 52242 (tel. 319/353-6808)

EC092367

The University of Iowa
Iowa City, Iowa 52242

Recreation Education Program

(319) 353-4969

Dear Colleague:

The project, "National Institute on Models for Community Based Recreation for Handicapped Children and Youth," is entering its second year. During the first year, a survey and identificaion of existing programs was undertaken, as well as the convening of the National Institute at the University of Iowa.

The National Institute, held July 7-9, endeavored to collect, share, and compile information about, and techniques in, the operation of the most feasible and effective methods of community action models for recreation service to the disabled.

As an outgrowth of these efforts, training materials are being developed and plans are being made for the replication of the National Institute in all regions of the United States.

A number of successful models were identified and have transmitted data to the project staff with permission for us to distribute the information.

Enclosed are duplications of the responses from eighteen of the identified models. Additional training materials will be distributed based upon completion of response forms.

Sincerely,

John A. Nesbitt, Project Director

Kenneth J. Zucker, Research Assistant

CONSUMER MODELS

National Wheelchair
Basketball Association
University of Kentucky
Lexington, Kentucky
Stan Labanowich

Berkeley Outreach
Recreation Program
Berkeley, California
Susan Sygall and
Diane Schecter

CLIENT COMPETENCY MODEL

Avocational Counseling Project
Milwaukee Public Schools
Division of Recreation and Adult Education
Milwaukee, Wisconsin
Robert P. Overs

RECREATION AND LEISURE SERVICE MODELS

Recreation Center for the Handicapped
San Francisco, California
Janet Pomeroy

Recreation Services for the
Handicapped, Inc.
Memphis, Tennessee
Paul Regan

PARKS AND RECREATION MODELS

Maine-Niles Association of
Special Recreation
Skokie, Illinois
Barbara Sternfeld

ANCHOR
Town of Hempstead
Hempstead, New York
Douglas Baylis

Leisure Center
City of Portland
Portland, Maine
Karen Boulos and
Beth Barney

Recreation Programs for the
Handicapped
City of Miami
Miami, Florida
Max Forman

Program for Special
Populations
City of Wilmington
Wilmington, North Carolina
Ellen Lilyquist

Recreational Services for
the Handicapped
City of Baltimore
Baltimore, Maryland
Doris Samuels

Rehabilitation Unit
County of Los Angeles
Los Angeles, California
Rochelle Swanson

Special Services Programs
King County
Seattle, Washington
Christopher Eubanks

REHABILITATION MODELS

Coordinated Approach to
Community Recreation
Temple University
Philadelphia, Pennsylvania
Viki Annand

Leisure Services
State Technical Institute
and Rehabilitation Center
Plainwell, Michigan
Carol Peterson

VOLUNTARY HEALTH AGENCY MODELS

Westchester Lighthouse
New York Association for the Blind
White Plains, New York
Chester T. Williams

Socio-Recreative Programs
for the CP and/or Multiply
Handicapped
United Cerebral Palsy
Hartford, Connecticut
Craig Huber

I. Program Overview

The respondent reports their service in the following areas:

- Who served, how many people served, and the geography or political are served
- Primary activities provided
- Primary facilities used
- Staffing (number and titles)
- Total budget and primary sources of support
- Values and goals achieved through your program

Who served, how many and geographic area: Men and women 55 years old and older. Served 72 people in a seven month period. Services were available to residents in a four county metropolitan area.

Primary activities provided: Retirement leisure planning, leisure (avocational) counseling, avocational information and referral.

Primary facilities used: Referrals are made to a network of public and private facilities providing opportunities for avocational activities throughout the metropolitan area. Offices are located in a senior citizens' recreation center.

Staffing (number and titles): Project director (1), avocational counselor (1), research assistant (1), follow-up interviewer (1 part time), college student support staff (5 part time).

Total budget and primary sources of support: Federal funds from the Administration on Aging $74,201.

Values and goals achieved through your program: To demonstrate the impact of avocational counseling with the elderly (55+), how counseling is done and to attempt to measure the results.

II. Number of Handicapped Served

General Category: The model respondent indicated the scope of disabilities served and their numbers, when available.

Part A	0-2 Infant	2-4 Pre-school	6-12 Elementary Age	13-15 Junior High	16-19 High School	20-30 Young Adult	31-45 Adult	46-61 Mature Adult	62 and Over - Retirement	Total
Aged with Impairments									11	11
Blind and Visually Handicapped										
Deaf and Hard of Hearing										
Deaf-Blind										
Drug Problems										
Learning Disabilities										
Mentally Retarded - Trainable										
Mentally Retarded - Educable										
Physically Handicapped										
Speech and Communication Impairments										
Social Offenders - Adult										
Social Offenders - Youth										
Other Health Impairments									11	11

III. Objectives/Goals

The outcomes relate to the overall philosophy and goals toward the handicapped program and services within this agency. The indication of the level of concern is in regard to the program outcomes.

	← Level of Concern →			
← Program Outcome Handicapped Programs →	Very High	High	Moderate Concern	Is of no Concern
For Fun and Enjoyment		X		
For Activity Skill Acquisition		X		
For Career Education				X
For Physical Rehabilitation				X
For Equality of Opportunity				X
For Normalization				X
For Social Skill Acquisition		X		
For Physical Fitness			X	
For Independent Living			X	
For Leisure Fulfillment	X			
For Self-Expression	X			
For Cultural Enrichment			X	
Other (Please describe:) We are interested in typical counseling goals of personal growth and self-fulfillment, but as applied to the leisure area of life.	X			

IV. Philosophy

The circled response indicates the agency's level of agreement with each of the following statements.

Statements	Agree 5	4	3	2	Disagree 1
1. Recreation programs for the handicapped should be considered basic to a total recreation program.	(5)	4	3	2	1
2. Evaluation procedures of a recreation program should include input in the process handicapped representations.	5	4	(3)	2	1
3. Recreation programs for the handicapped require professionally trained staff personnel.	(5)	4	3	2	1
4. Our recreation agency recognizes a need for a statewide Therapeutic Recreation Specialist for consultation with community recreation agencies.	(5)	4	3	2	1
5. The handicapped citizenry of a community have the right to consistent availability of recreation and leisure services.	(5)	4	3	2	1
6. Recreation programs for the handicapped are more costly than "normal" recreation program activities.	I do not know - this is outside my range of competencies 5	4	(3)	2	1
7. Insurance is a "barrier" to the initiation of recreation programming for the handicapped.	I suspect this is a false barrier supported by myth and rumor 5	4	(3)	2	1
8. It is important that recreation and park professionals take action to remove architectural barriers from their present facilities and require future facilities to be barrier-free.	(5)	4	3	2	1
9. There exist some direct values to having consumer input thru handicapped people in recreation planning and design.	5	(4)	3	2	1
10. At this time, there are no specific federally funded programs for the provision of actual recreation services to the handicapped.	I do not know 5	4	3	2	1

11.	In many instances, existing municipal recreation and park personnel can adequately conduct and supervise recreation programs for the handicapped.	(5)	4	3	2	1
12.	Recreation programs for the handicapped are best provided in a segregated manner--that is separate activities and facilities for the handicapped.	5	4	3	2	(1)
13.	Recreation has the potential to promote positive change--that is it has the potential to be "therapeutic."	(5)	4	3	2	1
14.	At the present time, local, state and federal funding assistance is sufficient to meet handicapped programming needs.	5	4	3	2	(1)
15.	When designing recreation programs for the handicapped, integrated programs are best--those that combine handicapped and non-handicapped participation.	(5)	4	3	2	1
16.	The involvement of municipal recreation agencies to research activity is important.	There are problems - service organizations are not well adapted to sponsor or sometimes even tolerate research	4	(3)	2	1
17.	The present city government recognizes fully the importance of recreation and leisure fulfillment for its citizens and the community at large.	5	4	3	2	(1)
18.	Recreation programs for the handicapped should be considered <u>supplemental</u> to the total recreation program.	5	4	3	2	(1)
19.	Activity programs for the handicapped often require expenditure outlays for special recreational equipment.	5	4	(3)	2	1
20.	Overcoming mis-perceptions and attitude barriers is often needed when initiating a recreation program for the handicapped.	(5)	4	3	2	1

Additional issues, problems and their level of concern.

21. Recreation organizations are apt to start an activity and then look around for enough bodies to fill up the activity rather than starting with counseling and determining what the individual wants and needs and then supplying it. 5 4 3 2 1

"Free" choice of activitiy is limited under this system.

V. Consumerism

The consumer involvement in decision making through this service is indicated below.

	Serve on General Recreation or Park Commission		Serve on Special Advisory or Policy Committee or Board for Handicapped Persons	
	Yes	No	Yes	No
Handicapped youth N/A				
Handicapped adults		X		X
Parents/Relatives of Handicapped		X		X
Advocates for Handicapped		X		X
Voluntary Health Agency Representatives		X		X
Professional Rehabilitation Representatives		X		X
Other 6 consultants to project			X	

Description of other consumerism and advocacy activities related to the program for handicapped.

Feedback through follow-up interviews through which project is evaluated.

VI. Funding

Below is information on the budget for the current fiscal year, or the most recent year available. In some cases, figures are approximate.

A. The total budget/expenditures for the ~~Program for Handicapped~~ Avocational Counseling Project during the current fiscal year is $ 74,201

B. The major sources of funds which make up this budge are the following:

City parks and recreation funds	$
Local school district funds	$
Other city agency/department funds	$
County source of funds	$
Special district funds	$
State grants	$
Federal grants Administration on Aging	$ 74,201
Contributions, donations	$
Concessions	$
Fees & Charges	$
Other	$
Total	$ 74,201

C. Information on the sources of Federal and State public funds. These can be used to gain insight into means developed to provide support for leisure services for the handicapped.

SOURCE OF FUNDS		AMOUNT	TYPE POPULATION SERVED	NUMBER SERVED
Federal	Administration on Aging	$74,201	men & women 55 & over	(projected) 240
State	-0-			
County	-0-			
Local	-0-			
Private	-0-			

VII. Budget Information

Total Yearly budget for this Research Project $74,201

Percent of total budget earmarked for special populations program

N/A

Classification of Budget Expenditures: An indication of expenditures by percentage and service.

A. Services-Personnel	
1. Salaries, full-time	$42,362
2. Salaries, part-time	9,965
3. Other compensations	11,512
B. Services-Contractual	
1. Communication	300
2. Transportation	900
3. Printing, binding, and advertising	0
4. Heat, light, power and water	0
5. Repairs (equipment/structures)	0
6. Janitorial, cleaning, other services	0
C. Commodities	
1. Supplies	2,572
2. Materials	
D. Current Charges	
1. Rents	3,000
2. Insurance	0
3. Refund, awards, indemnities	0
E. Current Obligations	
1. Pensions and retirements	0
2. Grants and subsidies	0
3. Taxes	0
F. Properties	
1. Buildings and improvements	0
2. Equipment	0
3. Land	0
G. Debt Payments	
	0

100% TOTAL

VIII. Personnel: This relates to the number and type of staff utilized in program delivery for handicapped children and youth; the number and type recommended for their present situation; and, the employment of handicapped individuals.

Key Terms: Full-Time - Staff Individuals whose responsibilities are concentrated on handicapped programs.
Part-Time - Staff individuals whose responsibilities are partially concentrated on handicapped programs; or staff employed for handicapped programs on a percentage of time basis. (½ time; ¼ time)

Job Descriptions--	Actual Staffing Pattern Present: Total Number Employed Full-Time	Total Number Employed Part-Time	Education Preparation Possessed: Less than High School	High School	A.A.	B.A. or B.S.	M.A. or M.S.	Ed.D. or Ph.D.	Experience Level Possessed: 0-1 Year	1-3 Years	3-5 Years	5-8 Years	8-Over Years	Recommended Staffing Pattern: Total Number Employed Full-Time	Total Number Employed Part-Time	Education Preparation Recommended: Less than High School	High School	A.A.	B.A. or B.S.	M.A. or M.S.	Ed.D. or Ph.D.	Experience Level Recommended: 0-1 Year	1-3 Years	3-5 Years	5-8 Years	8-Over Years	Handicapped Individuals Employed: Total Number Employed Full-Time	Total Number Employed Part-Time
Consultant		6						6					6		6						6					6			
Project Director								1					1		1						1					1			
Counselor	1						1						1	1						1						1			
Research Ass't.	1					1					1			1					1					1				
Follow-up Interviewer		1				1				1					1				1				1					
College Student Support Staff		5		2	1	2			3	2					5		2	1	2			3	2					
Volunteer																												

IX. Staff Development Training: Staff personnel involved and the training topics presently conducted in this agency. Also, recommended status.

Participants in Staff Development	Presently Conducted											Recommended (same as now conducted)										
	Orientation (Agency Policy/Philosophy, etc)	Administrative/ Management Skills	Program Activity Skills	Support Services	Special Equipment Needs	Safety/First Aid Procedures	Physical Barriers	Attitudinal Barriers	Leadership Training	Other Topics (Fill In) specific training in leisure choice psychometric instruments	Orientation (Agency Policy/Philosophy, etc)	Administrative/ Management Skills	Program Activity Skills	Support Services	Special Equipment Needs	Safety/First-Aid Procedures	Physical Barriers	Attitudinal Barriers	Leadership Training	Other Topics (Fill In)
Consultant																					
Board Members																					
Project Director																					
Counselor	X																				
Research Ass't.	X																				
College Support Staff	X		X	X				X		X											
Volunteer																					
Other Jr. College student doing field work	X		X	X				X		X											

X. Interagency Coordination: Identification of those agencies with which the model coordinates programs and services and the type of coordination utilizing the following code.

"1" - Formal written agreement
"2" - Informal agreement, frequent coordination
"3" - Information agreement, infrequent coordination
"4" - No coordination utilized

		Clients/Participants	Contracted Programs	Equipment	Facilities	Monetary/Fund Support	Personnel-Consultant	Personnel-Supervisor	Personnel-Leaders	Personnel-Volunteers	Public Information	Training	Transportation	Other:	Other:	Other:
Voluntary Health Agencies																
Arthritis	4															
Blind	4															
Cancer	4															
Cerebral Palsy	4															
Deaf	4															
Epilepsy	4															
Heart	4															
Mentally Ill	4															
Mentally Retarded	4															
Muscular Dystrophy	4															
Multiple Sclerosis	4															
Other:																
Other:																
General Social/Rehabilitation Services																
Goodwill Industries	3		X													
Red Cross	4															
United Fund	3		X													
Other:																
Other:																
Public Social/Rehabilitation Services																
Local Education Agencies	1			X	X											
State Education Agencies	4															
Mental Retardation-State Service	4															
Mental Illness - State Service	4															
Corrections - State Service	4															
Nursing Home/Convalescent	4															
Extended Care/Board and Care	4															
Aging-State Service	3		X													
Vocational Rehabilitation	3		X													
Crippled Children	4															
Other:																
Other:																
Medical/Rehabilitation																
Community Hospital	4		X													
Rehabilitation Center	3		X													
General Medical Facility	3		X													
Other:																
Other:																

XI. Public Information: This information relates to the type and frequency of public information methods utilized by this program/service.

← Methods Utilized →	Do You Utilize		← Frequency →						
	Yes	No	Once a Day	Once a Week	Once a Month	Once a Quarter	Once a Half-Year	Once a Year	At selected intervals throughout the year.
Annual Report	X					X			
Brochures	X								X
Bulletins (churches, volunteer agencies, etc.	X								X
Calendars									
Handbills or Posters	X								X
Newsletters									
Newspaper Releases or Columns	X								X
Radio Releases									
Televsion Releases or Programs									
Other:									
Speak to groups	X								X

XII. Handicapped Find: Potential Participant Identification - Methods used to locate individuals eligible to participate in the special populations program/service.

	Do You Utilize		Frequency of Mechanism Use					My Experience indicates that this method of participation location is:		
	Yes	No	Continuous	Weekly	Monthly	Yearly	Randomly Throughout Year	Very Effective	Effective	Ineffective
Church Groups	X						X			X
Civic Organizations	X						X			X
Community Education	X						X			X
Health Agencies	X						X			X
Local Task Force										
Media Campaign (Radio & TV)	X									
Printed Material (Brochures & Pamphlets)	X		X							X
Public School System	X						X			X
Questionnaire to General Community		X								
Questionnaire to Present Participants		X								
Telephone Contacts	X		X							X
Voluntary Agencies	X						X			X
Word-of-Mouth	X		X							X
Other Newspaper Columns	X		X				X	X		
Business and Industry	X						X	X		

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XIII. Special Problems Areas: The respondent reported their experience on these common areas of program obstacles.

Problem Areas	This was a problem in providing service		The agency has solved this problem	
	Yes	No	Yes	No
Architectural Barriers		X		
Transportation for participants		X		
Insurance for staff participants, volunteers		X		
Staff and Indirect Barriers		X		
Community Attitudinal Barriers	X		see note 1	
Locating or finding handicapped	X		see note 2	
Inadequate funding for programs		X		
Training of staff to serve handicapped		X		
Employment of Handicapped in Recreation and Leisure Service	N/A			

Efforts and success in eliminating any of the above problems or other special problems.

Note 1 Getting the idea of avocational (leisure) counseling accepted by both professionals and lay people has been difficult. You may wish to define this as an attitudinal barrier.

Note 2 Our greatest problem has been recruiting clients. We have had to carry on a very vigorous publicity and public relations campaign. We have some clients coming in but not at the rate anticipated.

XIV. Program: The following is related to the activity structure of the program/service.

We do not offer any recreational programs; only avocational counseling.

XV. Facilities: The major facilities utilized by the special populations recreation program.

We refer to any facility depending on the choice(s) which emerges after counseling.